

Puas xav tau kev pab rau koj qhov HMO (Pawg Kho Mob)?

1. Hu koj Pawg Kho Mob

Nrhiav tus naj npawb xov tooj hauv koj daim ntawv ua mej zeej hauv HMO. Piav seb koj muaj teeb meem li cas thiab nrhiav tau kev kho teeb meem.

2. Yog tias koj Pawg Kho Mob pab tsis tau koj, Tej zaum qhov chaw HMO Help Center yuav pab tau koj

- Teb cov lus nug
- Qhia kev tsis txaus siab
- Thov ib txoj kev txhab xyuas uas cov kws kho mob uas tsis koom koj pawg kho mob yuav saib xyuas koj qhov teeb meem.

**Hu qhov chaw HMO Help Center
(Qhov Chaw Pab)**

1-888-HMO-2219

1-877-688-9891 TDD

www.hmohelp.ca.gov

**24
xuab moos
tauj ib hnub
7 hnub tauj ib
lis piam
Hais ntau
yam lus**



Ib qho kev pab los ntawm California Department of Managed Health Care

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